

## Get a second opinion

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Whenever you are faced with a new diagnosis of a serious illness such as cancer, it is a good idea to get a second (or even a third) opinion. There are several reasons for this action.

- Serious illnesses are often complex to treat and it is good to get the best advice.
- A second opinion can stimulate discussion among your doctors which can lead to better care.
- You should find a doctor who has a communication style which makes you comfortable.

You don't need to be afraid to seek a second opinion and you should do this openly with your doctors so that they can work together.

Here is a good article by an oncologist (and cancer survivor) Elaine Schattner on this subject:

[Why It's a Good Idea to Get a Second Opinion, and Maybe a Third...](#)