Let's (Not) Get Physicals

Written by Administrator Monday, 04 June 2012 16:41 -

FOR decades, scientific research has shown that annual physical exams — and many of the screening tests that routinely accompany them — are in many ways pointless or (worse) dangerous, because they can lead to unneeded procedures. The last few years have produced a steady stream of new evidence against the utility of popular tests:

The New York Times has more...